

marzo

LUNES MARTES MIÉRCOLES JUEVES VIERNES SÁBADO

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7.00	WOD COACH	ENDURANCE COACH	WOD COACH	WOD COACH	WOD COACH	
8.00	OPEN COACH	WOD COACH	OPEN COACH	WOD COACH	OPEN COACH	
9.30	WOD COACH	WOD COACH	ENDURANCE COACH	WOD COACH	WOD COACH	
10.30						
11.15						WOD COACH
12.30	OPEN COACH	WOD COACH	OPEN COACH	WOD COACH	OPEN COACH	HALTEROFILIA COACH
13.30	WOD COACH	HALTEROFILIA COACH	OPEN COACH	ENDURANCE COACH	ENDURANCE COACH	
14.30	WOD COACH	WOD COACH	WOD COACH	WOD COACH	WOD COACH	
15.15						
16.00						
17.00						
18.00	WOD COACH	WOD COACH	WOD COACH	WOD COACH	ENDURANCE COACH	
19.00	ENDURANCE COACH	HALTEROFILIA COACH	ENDURANCE COACH	HALTEROFILIA COACH	WOD COACH	
20.00	WOD COACH	WOD COACH	WOD COACH	WOD COACH		
21.00						
22.00						